

Buckland

Newsletter of the Buckland
Residential Aged Care Facility

BULLETIN

**March
2020**

A JOINT LETTER FROM THE FACILITY MANAGER AND THE CEO- MARCH 2020

Dear residents, staff, family and friends,

We can't believe its March already, where has the time flown? February was a fantastic month with lots of new things happening, one of which was the first mystery event! Everyone was very excited to find out it was a magic show, I was happy to hear it was very much enjoyed. We will continue to add to the events happening here, so keep an eye out in the newsletters for the announcements! Another event was our monthly resident BBQ, it was very successful with lots of family and friends coming along to enjoy all the food and fun. We would love to see you at the next BBQ on Friday the 27th of March for the BNH residents and relatives.

New staff to join our Buckland family in February; we have our new Care Manager who is the amazing Virginia Mitchell. Virginia was our Clinical Care Coordinator, so she brings all her knowledge and understanding to this very important role. I am confident that Virginia will be a competent and dedicated Care Manager. We are all very excited about the change in key personnel and the breath of fresh air Virginia's leadership will deliver. We also have a new Clinical Care Coordinator, please welcome Eman Javidi, she brings a wealth of experience to Buckland, we are excited to have her part of the team. We also have a new addition to the admin team Jessica Hansen, who has settled in very quickly and if you haven't met her yet you're bound to soon, we are very happy to have her as part of the team. We're also happy to welcome new team members of nurses and general service officers.

I want to thank all the family, friends and residents for the beautiful compliments we have recently received. You don't know how much it means to me and all the staff who do their very best. It's a wonderful boost for the team and please keep them coming!

Continued on next page.

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This month we acknowledge Sam Barber as “Staff member of the month” as residents and staff regularly mention to management how much they have enjoyed working with him. Sam is a friendly care staff member who takes the time to go the extra mile to ensure residents are comfortable and content with the care provided. We thank Sam for his commitment to the company, residents and co-workers. If any residents, relatives or visitors would like to nominate a member of staff for this award please do so by using the suggestion box at reception.

As always, if you have concerns or suggestions, please feel free to come and see me. Alternatively please advise staff if you would like me to come and see you in your room. Wishing you all the best for March.

Warm regards,
Johannes

FROM THE CEO – March 2020

How wonderful it has been to see the rain in recent weeks. Whilst on some occasions we had a little too much at one time, the gardens are all green again and many of the plants that were really starting to struggle to survive are responding as only nature can.

As I read the Bulletin's each month I am both excited and grateful to our diversional therapy team for the ongoing innovation they bring to the program of activities and entertainment. A number of residents and their family members have noted this with me. It is wonderful for these staff to know their extra effort is noticed and appreciated.

I would also like to thank both the residents and their loved ones who take the time to write to either Johannes or me to let us know both the things we are doing well, and the things we could maybe consider or do better. We very much acknowledge Buckland is the residents home and anything we can do to improve their life and day to day experiences should be at the top of our agenda.

In closing this month I would like to share with you the lovely note posted on our communication/thank you tree in the front foyer of the nursing home. It is written in a very young person's handwriting and simply states *“My grandma is 92 and you have made that happen”*. It's one of the most simple and heartwarming messages I've received, and I really thank this child for putting their love of their grandma in writing and sharing it with us.

Until next month, look after yourselves.....Regards Liz.



Welcome to Buckland

Buckland wishes Russell Kars a hearty welcome and comfort in his new home. Family and friends are most welcome to all activities. Please check the calendars on the back pages for special events this month.



The Buckland Chaplain is generally available for Residents and their families each Monday and Tuesday. Requests to see her can be made through Reception or the Leisure & Lifestyle Team.

Family members are invited to book the main lounge for family gatherings and bring in their own food, drinks etc and set up in the lounge. For those of you wishing to do so please speak with reception to avoid the double booking of the lounge. For the booking of private dining areas during this period, please speak with reception.

SHOPPING INFORMATION

- DCW shopping bus leaves at 10am on Wednesdays from the DCW foyer, weather permitting.
- Please have completed Coles On-Line shopping order forms returned to reception by the 12th of March. If you would like to try this service for the first time please speak to a DT Team member to explain the billing process.
- Please refer to the DCW Calendar for Kiosk Opening Times.

STAFF MEMBER OF THE
MONTH IS

SAM BARBER

CONGRATULATIONS

Harmony Day

Please join us as we celebrate the diversity of cultures at Buckland

23rd of March

10:45am Main Lounge in DCW
2:30pm Main Lounge in BNH



Please join us in creating special gifts for the Operation Christmas Child 2020 Shoe Box Project.

Please check out the calendars for more details.

VINYL'S & 78'S MUSIC AFTERNOON

Nothing can compare to the wonderful, slightly scratchy retro sound of a record being played on a record player or a gramophone. Such was the case on the afternoon of Saturday February the 8th when our guest John, brought in a range of records and players, which he has collected over the years. We all gathered in the cosy dining room 4 and felt like we travelled back in time. First to be heard was a 1912 single-sided record sung by Dame Nellie Melba on His Masters Voice (HMV) label on a wind-up gramophone from the 1940s. An interesting fact is that such records use a needle only once per record, at the speed of 78 RPM. This was followed by a request for a song from Mario Lanza, and we had a pleasure to hear "The Magnificent Serenade" from the musical Student Prince by Zigmound Rhomburg.

Enough with the scratches, we then moved to the electric turntable which has a much clearer sound. Some of the requested songs played on this player included artists such as The Delltons, Hank Williams, Dolly Parton, Tom Jones, George Formby and Frank Sinatra. We also heard Glen Miller's Big Band, The Beatles and an Irish jig played by Chiftons.

The residents noted that there was something magical about seeing the records, looking at the covers, and seeing a record spinning around on the turn table. Along with listening we enjoyed guessing the artists, era, musical or movie where the song came from, and moving or dancing to music. Some of the romantic ballads brought a small tear to a few eyes and a look of a small portable player reminded many of us of the happy times spent at the picnic with family and friends, or huddled around a radio or gramophone listening to the news and favourite music or dancing.

Pictured below is Betty M & Diane T holding records



A lot of old memories were rekindled when we looked at some top 40 charts of the mid 1960s from 2UE and 2UW radio stations. Being a host of the event, John received a lot of requests for when he could return the next time. Thankyou John and everyone who attended and shared their memories and enthusiasm. Nina (DT).



BNH BIRTHDAY PARTY WITH TIFFANY

We were so fortunate to have Tiffany & Diane join us for our birthday party in February as they performed for us some beautiful well known songs with Tiffany's angelic operatic voice and music accompaniment. Thank you to everyone who came to join us and we trust everyone had a lovely and enjoyable afternoon as we wished the birthday celebrants for this month a happy birthday. Stephanie (DT).



Pictured above is Joan H, Daphne P & Rose M.



Pictured above is Tiffany performing with Kevin W (left), Flora R, Iris B & Stan B to Tiffany's right.

GENTLEMEN'S LEAGUE

As the month drew closer to Autumn, the weather became much more pleasant to be outdoors.

As such, for Gentlemen's League on the 28th of February we ventured to the roof top garden to enjoy the sunshine and each others company as we had a chat about various topics of interest including the history of Buckland. Stephanie (DT).



Pictured above is Dick R, Arnold M, Roger G, John C, Jack C, Bill G, Lenny C.



Pictured above is Roger G, Arnold M & Jack C.



DCW BIRTHDAY PARTY

We celebrated the birthdays of DCW residents on the 13th of February. As it was the eve of Valentine's Day, we joined in a quiz of naming famous couples and then had fun with "Love Song Dedications"

Pictured above is Gladys M & Jean A.

where we took turns choosing favourite songs to sing along to. There is always a great sense of community at these parties when we join in singing happy birthday altogether and sharing in the birthday cake. We hope that this is the experience of everyone at these parties and we hope the birthday celebrants had an extra special time. Stephanie (DT).



Pictured above is Jean S & Philip G on the roof top garden.

GARDEN WALKS

Overall the weather of late has not been favourable for enjoying the outdoors, but when the sun was shining we were able to make the most of it with some lovely garden tours to the roof top garden. We hope

everyone is able to enjoy more of the gardens as we head into the season of autumn and say goodbye to summer! Stephanie (DT).

DCW BUS DRIVE TO THE NEPEAN RIVER

On a stunningly sunny summer's morning we headed to the Nepean River to enjoy morning tea. We observed on our travels how green everything looked and we also spotted various flowers in bloom. Our driver, found a perfect spot to admire the view of the river and we were treated to a show of radio controlled sailing boats that were on the water. There were also ducks swimming, people walking their dogs and the sun glistening on the water which made for quite a relaxing way to enjoy a morning. While we were stopped, residents reminisced with each other about previous excursions with their loved ones to this popular spot.



Pictured in front row:
Joy S, second row;
Fay W & Beryl M, 3rd
row; June S, Pat H &
Helen S, Back row:
Arnold M.

Everyone shared that they found it quite a pleasant outing and we hope to have similar success with the weather on future bus outings! Stephanie (DT).



Pictured from
front to back:
Gloria M,
Jack C &
Helen S.





Pictured above from left to right is Jean W, Annette C, Marjorie & Bill R.



Pictured above from left to right is Joy S, Roger G, Ron L & Evelyn C



Pictured above is Fay W & Annette T.

VALENTINE'S DAY CONCERT

Valentine's Day, a day when we are able to send messages of love and affection to those around us who mean the most. Many residents joined us in the BNH ML on Wednesday 12th February to do just that through song and dance. We were delighted to have the company of Ian Pritchard who

came with all his enthusiasm to celebrate this day of love! It wasn't long until the whole lounge was full with residents and relatives from BNH and DCW. Ian played a variety of love songs that we were all familiar with and as we danced along he surprised us with many others songs from different eras too! It was an afternoon enjoyed by all and what a wonderful response we received from the audience, we certainly can't wait to enjoy Music with Ian again. (Anuja LLC).



Pictured above from left to right is Diane T, Jean A, Ruth, Irene F, Margaret G with Ian P.



Pictured above from left to right is Irene F, Ruth & Margaret G, June S, Cathy & Eileen M.



Pictured above from left to right is Kathleen S, Dorothy G, Gloria M & Florence B





Pictured above from left to right: Peter M & Helen T potting up the Terrariums; Marjorie C & Betty P.



Pictured above from left to right: Helen T, Peter M; Eileen M.



Pictured above: Faye W.

GARDEN CLUB

Our residents with green thumbs were only too keen to join in the garden club group which was run by Sonya from Bunnings.

The activity that was organised this month was making terrariums which were made from glassware with the additions of charcoal, pebbles in an assortment of bright colours, soil and of course the succulent plant. We hope everyone finds pleasure in tending to these

plants and watching them grow. Stephanie (DT).

ATTENTION:

*The next **DCW Resident and Relative Meeting** will be held on the **3rd of March** at the new time of **4:00pm** in the **DCW Main Lounge**.*

All are welcome to attend.

*The next **BNH Resident and Relative Meeting** will be held on the **7th of April** at the new time of **4:00pm***

*in the **BNH Main Lounge**.*

All are welcome to

DO YOU HAVE ANY SUGGESTIONS FOR OUR ACTIVITIES PROGRAM?

Please see a member of the Leisure & Lifestyle Team or leave a message in the suggestion box in the foyer.

We will endeavour to incorporate these suggestions into the activity program.

Thankyou!

BNH BBQ LUNCH

Residents & Relatives are invited to join us for a BBQ lunch on the 27th from 11.30am in the BNH ML.

Please **RSVP** to reception by March 16th.

We look forward to seeing you there!



HAIR DRESSER APPOINTMENTS

BNH appointments can be made at the Thomas Buckland Wing or Matron Rothery Wing

Nurses Stations for appointments on alternate Tuesdays. DCW appointments can be made in the book located outside the DCW Salon. The Salon is open on Wednesday, Thursday and Fridays weekly. Please see the RN in each wing for more information. Thankyou.

The Buckland "BULLETIN" is available **online** in full **COLOUR!** Just visit our website www.buckland-rv.com.au and click on the link: "LATEST NEWS".

MONTHLY ACTIVITY BOOKLETS

Keep your eye out for the monthly activity booklets. These are supplied to the BNH and DCW reception areas alongside the monthly Buckland Bulletin. Everyone is invited to take a copy to complete at their leisure. See how many activities you can complete!

THE MAGIC SHOW

The activity entitled "Mystery Activity" on the February calendars sparked much curiosity and creativity as residents attempted to discover what the activity was. The "rabbit was out of the hat" so to speak, on Wednesday the 19th with the mystery revealed as the Magic Show performed by the magician Richard (pictured left with Naomi). As the show began we were all in amazement with the tricks he was able to perform before our very eyes. There were illusions with drink bottles and glasses, cards, number tricks and of course the mysterious \$20 note which somehow ended up inside an orange at the end of the show. How did it get there? Nobody knows! Like any true magician, he kept his cards close to his chest. Many residents had a lot of fun volunteering to be a part of



various acts and many were left with more questions with how did he do it? We heard from many residents after the show with how much fun they had and it was great to see that the afternoon's entertainment had evoked so much fun and amusement. Stephanie (DT).



Pictured above is Lorna H, Joan B, & Bill L, Diane T, Gladys M, Faye W, June S, Annette T & Jean A.

DCW BBQ LUNCH For all those that came to share in this months BBQ, I am sure you will agree it was a great success with such delicious food on offer and a great time spent together. The next month will be in the BNH ML for the BNH Residents, please check calendars for details. Stephanie (DT).



Pictured above from: Elsie C & Pat H.



Pictured above from left to right: Peter M, Betty P, Rose R, Avril & Arnold M.



Pictured above from left to right: Olive H, Marjorie C, Andy R, Natasha (AIN) & Helene R.



Pictured above from left to right: June S, Cathy, Jean W, Helen T & Gloria M.



Pictured above from left to right Lisa (ACFI Coordinator), Toni (Maintenance), Dick R, Lino & Joan M.

BUCKLAND

Praise / Complaint Action Form

Location: (Tick) ☐ Residential Aged Care Facility
 ☐ Buckland Retirement Village

Date: ____/____/____

Name:	Telephone No:
Address:	
Name of Resident / Staff Member (if applicable):	
Relationship to Resident / Staff Member (if applicable):	

Nature of feedback: _____

[illegible]

Signature Resident / Representative / Staff Member:

Please forward to Facility Manager

Signature Care Manager

Date: / /

BUCKLAND

Suggestions/Opportunities for Improvements

Please complete the following, even the smallest issue is important to record.

Date ____/____/____ **Location:** Buckland Residential Aged Care Facility
(please tick one) Buckland Self Care Village

What is the suggestion, issue or concern? Include dates, times, persons involved as relevant.

What action could be taken to improve? _____

(Please circle)
Issue raised & suggestion made by _____ **resident / visitor / staff / contractor**
Please leave completed form in the box.

Issue Reviewed ____/____/____ **By:** _____

Aged Care Standards Reference:

Management Systems, Staffing & Organisational Development Health & Personal Care

Resident Lifestyle Physical Environment & Safe Systems Other

Risk Rating

Serious High Moderate Low

Action taken to meet suggestion or resolve the issue/concern & prevent recurrence

Outcome / Result _____

Evaluation of effectiveness (6 months post action taken) _____

Signature _____ **Name** _____ **Date** _____

Please forward to the Facility Manager



Charter of Aged Care Rights

All people receiving Australian Government funded residential care, home care or other aged care services in the community have rights.

I have the right to:

1. safe and high-quality care and services;
2. be treated with dignity and respect;
3. have my identity, culture and diversity valued and supported;
4. live without abuse and neglect;
5. be informed about my care and services in a way I understand;
6. access all information about myself, including information about my rights, care and services;
7. have control over and make choices about my care, and personal and social life, including where choices involve personal risk;
8. have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions;
9. my independence;
10. be listened to and understood;
11. have a person of my choice, including an aged care advocate, support me or speak on my behalf;
12. complain free from reprisal, and to have my complaints dealt with fairly and promptly;
13. personal privacy and to have my personal information protected;
14. exercise my rights without it adversely affecting the way I am treated.

If you have concerns about the aged care you are receiving, you can:

- talk to your aged care provider, in the first instance,
- speak with an aged care advocate on **1800 700 600** or visit **opan.com.au**, for support to raise your concerns, or
- contact the **Aged Care Quality and Safety Commission** on **1800 951 822** or visit its website, **agedcarequality.gov.au**. The Commission can help you resolve a complaint about your aged care provider.

DID YOU KNOW? MOVING ON AUDITS

Risk Management

Buckland result 95% against benchmark 90.2%. The audit identifies if the facility ensures the consumer is provided with safe and effective services and supports for daily living. The services must also meet the needs of the consumer by addressing their goals and preferences, optimize their independence, health, well-being and quality of life. the result achieved by Buckland indicates the organisation aims to achieve these outcomes for all consumers.

Support for Daily Living

Buckland result 94.8% against benchmark 89.8%. The audit examines the requirements of the organisation in having effective risk management systems and practices in place. These include but are not limited to, managing high-impact or high-prevalence risks associated with the care of the consumer; identifying and responding to abuse and neglect of consumers; supporting consumers to live the best life they can.

Regulatory Compliance Audit

A great deal of effort is put into ensuring that Buckland complies with legislation relating to food production, infection control, WH&S, staff qualifications, certification of volunteers and contractors, to name but a few. All this legislation assists Buckland in ensuring that care and services are provided in line with expected regulations and standards. We achieved 97.3% compliance in the audit against an industry average of 88.3% It also demonstrates that the aged care industry in general is very attentive to meeting its legislative requirements.

Medication Management Audit

The undertaking of this audit requires a good deal of rigor and attention to detail. This audit looks at our policies, the use of competency testing for staff, the management of scheduled drugs, staff administration practice, staff medication knowledge, medication incident reporting, etc. Buckland achieved 99.3% compliance in the audit against an industry average of 90.4%.

Clinical Governance Audit

This audit looks at the organisations commitment to safety and quality for the clinical care delivered. That the oraginisation understands its responsibility to all stakeholders by, providing education, training and resources to the staff, ensuring timely identification of risks and responding appropriately and open disclosure for all stakeholders. Buckland obtained a 98.7% result against an industry average of 87.6%.



VALE

Sadly, Stan Gordon & Lisa Staring
passed away in February.

We offer our sincere condolences to
family and friends.

Special thoughts and memories remain
in our hearts and minds here at
Buckland.

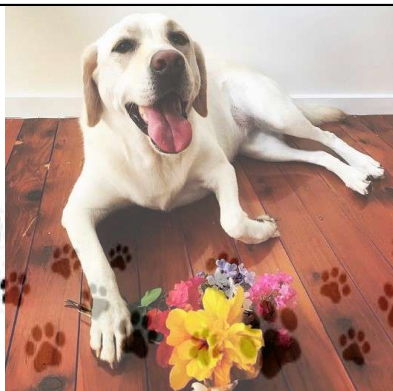


The DCW Kiosk is
located next to the
Hairdresser & has a
wide variety of items for
available for purchase.

Please see the
DCW Calendar for
Opening Times or
see a DT staff
member for more
information.



Pet Therapy with Jess,
Dave & Emmy will
continue in February!
Please speak to a DT staff
member to put your name
on the
visiting list!



Everyone is welcome to join us for a

Family Fun Day

Saturday the 2nd of May 11:00am - 3:00pm

on the Buckland Roof Top Garden

Kindifarm
Sausage Sizzle
Entertainment
& a Photo Booth

Please let us know by
Friday 24th of April
if your grandchildren
or great grandchildren
wish to perform.



Performance RSVP's: dt-bh@buckland-rv.com.au

DONALD COBURN WING

Kiosk open: Please refer to the calendar for March
Library: Tuesday 10am to 11am
Exercises: Monday-Thursday 10am-10:30am
Podiatrist: Please check schedule with RN
Hairdresser: See Hairdresser Salon
Catholic Communion: Each Friday from 10.30am in Room
Coles Shopping: Orders in to DT staff on the 12th of March by 1.00pm
Music & Memory Group: Monday to Friday 4.00pm in the DCW Library

March 2020



Autumn

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11.30am <i>Songs Of Praise</i> ABC TV	2 10.45am In Room Activity Calendar Distribution 2.30pm ML St David's Day Activity	3 10.00am ML Volunteer Orientation 4:00pm ML Resident & Relative Meeting	4 10.00am Library Shopping Bus to Springwood 2.30pm ML Word Games	5 10.45am ML <u>Bible Talk</u> 2.30pm ML Garden Walks &	6 10.45am ML Craft 2:30pm ML Dominoes & Scrabble	7 2:30pm ML Bingo
8 11.30am <i>Songs Of Praise</i> ABC TV	9 10:45am ML Crossword Puzzle 2:30pm ML Operation Christmas Child	10 10:45am ML <i>Joymakers</i> 2:30pm Dining D <i>Art</i> With Dixie & Fred	11 10.00am Library Shopping Bus to Springwood 2.30pm ML <i>Carpet Bowls & Exercises</i>	12 10.45am ML Current Affairs & Reminiscence 2.30pm ML Movie: Night at the Museum 2	13 10:45am ML Bocce Exercises 2:30pm ML Quiz Time	14 10:45am ML Magic Memories
15 11.30am <i>Songs Of Praise</i> ABC TV	16 10:45am ML Movie: Australia's Land of Parrots 2:30pm ML Balloon Tennis	17 St Patrick's Day 10:45am ML Movie: Little Miss Magic 2:30pm ML Quiz Time	18 10.00am Library Shopping Bus to Springwood 2.30pm In ML MYSTERY ACTIVITY	19 10.45am ML <u>Bible Talk</u> 2.30pm ML Word Games	20 10:45am ML Gentlemen's League 2:30pm In ML Dominoes & Scrabble	21 10:30am In Room Pet Therapy with Emmy
22 11.30am <i>Songs Of Praise</i> ABC TV	23 10:45am ML Resident's Harmony Day Party 2.30pm ML Armchair Travel around the world!	24 10:45am ML Current Affairs & Reminiscence 2:30pm ML Birthday Party	25 10.00am Library Shopping Bus to Springwood 2.30pm ML <i>Carpet Bowls & Exercises</i>	26 10.45am ML <i>Poetry & Reminiscing</i> 2.30pm ML Dominoes & Scrabble	27 10:30am ML Movie: Roses with Open Gardens 2.30pm In ML <i>Gardening with Sonya</i>	28 10:45am ML Quiz Time
29 11.30am <i>Songs Of Praise</i> ABC TV	30 10:45am ML Balloon Tennis 2.30pm ML <i>Knitting Circle</i>	31 11:00am ML Church at DCW 2:30pm ML Bingo	Resident Birthdays in March 2nd Dick Roorda 12th Peter McTaggart 3rd Ken Tabrett 17th Rose Robson 9th Helen Payne 22nd Alwyn Gordon 			

BUCKLAND NURSING HOME

March 2020



Kiosk open: Please refer to the March DCW Calendar
Catholic Communion: Each Friday from 10.30am In Room
Podiatrist: Please check schedule with RN
Hairdresser: Wednesday and Thursday mornings
Exercises: Monday-Thursday 2.00pm-2.30pm
Coles Shopping: Orders in to RN office on the 12th of March by 1.00pm
Music & Memory Group: Monday, Wednesday & Friday at 4.00pm in D4

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10.30am In Room Movie of the Day 11.30am ABCTV <i>Songs of Praise</i>	2 10.45am In ML St David's Day Activity 2.30pm In ML Bocce & Exercises	3 10.45am In ML BINGO! 2.30pm In ML Book Reading with Kim	4 10.45am ML <i>Joymakers</i> 2.30pm In ML Dominoes & Scrabble	5 10.45am In ML Current Affairs & Reminiscence 2.30 pm In ML Craft	6 10.45am In ML Garden Walks & Talks 2.30pm In ML Operation Christmas Child	7 10.00am In room Pet Therapy with Emmy
8 10.30am In Room Movie of the Day 11.30am ABCTV <i>Songs of Praise</i>	9 11.00am In ML Christian Fellowship 2.30pm In ML Book Reading with Kim	10 10.45am In ML <i>Poetry & Reminiscing</i> 2.30pm In ML Birthday Party	11 10.45am ML Magic Memories 2.30pm In ML Dominoes & Scrabble	12 10.30am In Room Movie: Father of the Bride 2.30pm In ML Piano with Ruth	13 10.45am ML Current Affairs & Reminiscence 2.30pm In Room Hand Massages	14 2.30pm In ML QUIZ TIME
15 10.30am In Room Movie of the Day 11.30am ABCTV <i>Songs of Praise</i>	16 10.45am In ML St Finbar's Funsingers Irish Concert & Flora's Special Morning Tea	17 St Patrick's Day 10.30am ML Movie: Kiss me Kate 1.30pm Foyer Bus Drive	18 10.45am Crossword Puzzle 2.30pm In ML MYSTERY ACTIVITY	19 10.45am In ML Current Affairs & Reminiscence 2.30pm In ML Word Games	20 10.30am In ML Gentlemen's League 2.30pm In Room Hand Massages	21 Harmony Day 2.30pm In ML BINGO!
22 10.30am In Room Movie of the Day 11.30am ABCTV <i>Songs of Praise</i>	23 10.30am ML Armchair Travel around the world! 2.30pm Resident's Harmony Day Party	24 10.45am In ML Mum's & Bub's with CVS 2.30pm In ML Book Reading with Kim	25 10.45am In ML Card Craft 2.30pm In ML Dominoes & Scrabble	26 10.45am In ML QUIZ TIME 2.30 pm In ML Piano with Ruth	27 11.30am In ML BBQ Lunch 2.30pm In ML Movie:: <i>Sabrina</i>	28 2.30pm In ML Magic Memories
29 10.30am In Room Movie of the Day 11.30am ABCTV <i>Songs of Praise</i>	30 10.45am In ML Church Service 2.30pm In ML Bocce & Exercises	31 10.45am In Room Activity Calendar Distribution 2.30pm In ML Book Reading with Kim	Resident Birthdays in March <div> <div> 2nd Pauline Biden 3rd Eirwen Jones 3rd Pat Cummins 5th Sue Thompson 10th Russell Kars 11th Philip Gleitzman </div> <div> 15th Bill Reece 18th Flora Relph 24th Fred Rogers 25th Florence Baker 26th Alison Alderton </div> </div>			